



Dear Lightwave prayer supporters,

We are now experiencing Spring and with the early and late Spring Bank Holidays this month and the glorious weather we have been receiving, particularly for the Victory in Europe day on the 8th of May, we pray the fine weather will continue for this coming weekend.

Our thoughts also turn to Thy Kingdom Come, which is a global prayer initiative, calling all Christians to prayer between Ascension day and Pentecost, (21st to 31st of May 2020), for more people to know Jesus Christ as their Lord and Saviour.

There are several things we can be giving thanks for and praying about over this coming month;

The top 5 things to give thanks for are;

- Our **Lightwave groups**, who are supporting, serving and encouraging those in their local communities. In particular we give thanks for **Farm By the Water**, who have been involved in setting up local food banks in the Kirton area and are running a weekly Bible Club Zoom meeting, along with regular online Bible journal and prayer workshops.
- We give thanks for **Red Lodge Lightwave Cafe virtual lounge**, who meet via Zoom, on Mondays @ 1pm for a social get together to build friendships, Wednesdays @ 1pm for reflection time and exploring faith and Fridays @ 9am for prayer time - 67 new people have been engaging online with the Lightwave Cafe.

- We give thanks for our churches, fresh expressions of church and places of worship across Suffolk, who are **streaming online services/reflections** through **social media** and also for the **technology** to make this happen.
- We give thanks for the online **Alpha** course which Rev Charlotte Cook is leading - upto 15 participants so far.
- Our **key workers and NHS workers**, prayers for their protection and safety, for those who are working tirelessly to care for those at risk and those who have contracted the Corona virus.

The top 5 things to pray for this month are;

- Please pray for our **Lightwave Rural Chaplain, Graham Miles** (picture below), as he is in communication with Suffolk farming communities. Farmers currently need rain for newly planted sugar beet seeds and winter barley and wheat, also for vegetable and fruit growing. Some dairy farmers are struggling with having to pour milk away, while others are producing cheese and butter. Farmers are appreciating phone calls from Graham during lockdown, who is providing a supportive and listening ear.
- **Thy Kingdom Come 2020** in Suffolk the Diocese of St Edmundsbury and Ipswich is working with other denominations and encouraging people to **(a)** display a candle and rainbow **poster** in windows; **(b) sign up** to a **prayer slot via a virtual prayer room**; and **(c)** start a **daily rhythm of prayer** (morning, midday and evening prayer). For further details and resources go to www.light-wave.org/prayer.
- A lot of work is going into creating an online **pre-recorded Diocesan wide Catching the Fire Pentecost service**, to be shown on the **31st May 2020 @ 4pm**. Pray for those involved in making this happen and those watching online on the day - that they will find it encouraging and uplifting.

- Prayers for the **Lightwave project team**, Archdeacon Sally Gaze, Andrew Gosden, Nina Seaman, Kathy Wilson, Rev Charlotte Cook, Diane Grano, Becky Leutchford, Peter Plummer, Andrew Jarrold and Graham Miles, for protection, safety and encouragement, as they go about their work for the Rural Mission project.
- Pray for **Pilgrims Together**, who are a **Lightwave group, meeting weekly on Wednesday evenings**, usually in the Sports Pavilion Thorpeness, but currently **meeting via Zoom**, for worship, prayer and some reflective time.

Thanks for your prayer support, keep well and stay safe and alert everyone!

Peace and blessings

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