

Midday Prayer

The Lord's Prayer

Thy Kingdom Come
21st to 31st May 2020 Suffolk

The Lord's Prayer is the one spoken prayer that Jesus taught his followers. Please join us in saying the Lord's Prayer at midday.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Here are a few ideas of how to pray the Lord's Prayer:

1. Say these words out loud to yourself.
2. Read each line, and then pause and add your own prayers in.
3. Pray the Lord's prayer with someone else. You could pray it with someone in your house, or ring a friend and pray with them over the phone.
4. Sign the prayer as you say it. Follow our video here: <https://www.light-wave.org/rhythm-of-prayer>

If you are interested in finding the Lord's Prayer in the Bible you can look up Matthew 6.9-13 or Luke 11.1-13.

Thank you for joining us. Please pass on this sheet to other people.
You are making God's light shine where you are

Pray together