



Dear Lightwave prayer supporters,

As we enter into November we notice daylight hours are reduced, but we remember in **John 1 "In the beginning was the Word, and the Word was with God, and the Word was God. ² He was with God in the beginning. ³ Through him all things were made; without him nothing was made that has been made. ⁴ In him was life, and that life was the light of all mankind. ⁵ The light shines in the darkness, and the darkness has not overcome^(a) it".**

During October there has been lots to give thanks for within the Lightwave community and beyond;

- On Sunday 4th of October over 80 cars came to the Harvest drive in at Trinity Park, Ipswich (Suffolk Showground) and there was a joyful celebration. We heard from Bishop Mike and The Cathedral Dean, including prayers read by the Chairman of Suffolk Young Farmers and the Lightwave team.
- The Bishop's Mission Order AGM took place on Monday 5th of October on Zoom. The newly elected appointments were made to the BMO Board; Rev Julia Lall, Sophie Charlton, Claire Marshall, David Theobald and Bob Hamilton. We give thanks to Rev Mark Cresswell, Rev Jane Held and Nina Seaman who are stepping down from their roles on the BMO Board.
- On the 15th of October, Kathy Wilson, Lay Pioneer, led a Change Management workshop on Zoom, looking at change within a church context. A group of 12 joined Kathy and follow up from this day is now taking place.
- On the 20th of October some of the Lightwave team enjoyed a socially distanced team building day at the Congo Rapids Crazy Golf in Ufford Park. Good fun was had by all!
- The new Rural Resourcing Lead for Otley has been appointed and we give thanks for God's provision. We pray for the Licensing Service which is taking place for this role on the evening the 18th of November 2020.

The Lightwave community would like prayer for;

- The new Alpha course starting on the 5th of November in the Red Lodge Sports Pavillion, for those involved in running the course and for those coming along to find out more!
- For the Strategic Programme Board meeting on the 3rd of November 2020.
- For the Power of Prayer week: Praying through a Pandemic - 15th to 22nd November 2020, for the prayer resources being prepared, the prayer events taking place during the week and for the Bury St Edmunds Cathedral service on 22nd of November, marking the end of the week!

- The Lightwave Learning Communities starting from November 2020, (one in North Suffolk, one in East Suffolk and one in West Suffolk), who are made up of people who are looking to start new small groups or teams and support existing groups in sharing creativity and innovation, encouraging and learning from each other in making new disciples.
- The Farm By the Water; in its plans to develop a "prayer shed" in it's grounds, a space where people can come and draw close to God.

Happy autumn everyone and thanks for your prayer support!



If you have any **prayer requests** please email Nina.Seaman@cofesuffolk.org and the Lightwave Project team will be happy to pray for you.

Peace and blessings

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