

CREATING A PRAYER BRACELET

TAKE THIS PIECE OF LEATHER OR PLAITED RIBBON AND TIE FIVE KNOTS IN IT TO REPRESENT EACH OF THE FIVE PEOPLE YOU HAVE COMMITTED TO PRAY FOR. YOU COULD CARRY THE KNOTTED STRING IN YOUR POCKET, TIE IT ROUND YOUR WRIST OR PLACE IT SOMEWHERE THAT YOU'LL SEE IT REGULARLY. USE THE KNOTS TO REMIND YOU TO PRAY FOR EACH PERSON ON YOUR LIST OF FIVE. THERE ARE SOME SUGGESTED PRAYERS AT: [THYKINGDOM.CO.UK/PRAYING-FOR-FIVE-FRIENDS](http://thykingdom.co.uk/praying-for-five-friends).

